

SUPPLIES:



(color swirl won't work with lowfat or fat free)

Bowl or dish with tall sides, at least 5"

4 tbsp baking soda

1 cup white or rice vinegar

OPTIONAL: Food coloring

optional: 1 tbsp dish soap in a small bowl or cup

optional: Cotton swabs or toothpicks

INSTRUCTIONS:

1. MILK IT!

Pour milk into the dish to about 2" high.

2. COLORIT!

OPTIONAL: Squirt a few drops of your favorite food color into the milk.

3. SWIRL IT!

OPTIONAL: Dip a cotton swab or toothpick in a small bowl or cup of dish soap. Lightly tap the colors or slowly swirl (be gentle!) to make your own design.

4. SPRINKLE IT!

Add baking soda evenly across the top of the milk.

5. FIZZ IT!

Pour in vinegar and watch it fizz.





