## **Maine Dairy**

Nutrition from your neighbor's farm to your family's table



The nation's entire dairy industry is committed to achieving Net Zero carbon emissions by 2050. Maine's dairy farm families, like the Bullards of Brigeen Farms in Turner, are contributing to that goal. Even though the farm has been in the family since 1777, they have a modern approach to farming.

The Bullards focus their efforts on breeding the healthiest, most efficient dairy cattle possible that produce the highest quality milk that is used to make frozen custard at their on-farm creamery, Canty Cow Creamery.

Solar panels installed on a barn roof provide power to run the creamery. The Bullards also help reduce food waste by partnering with a Maine brewery to up-cycle spent grains from beer making, mixing it with forages grown on their farm to create a highly-nutritious feed for their registered Holsteins. Whey from yogurt production is then spread on the cows' feed for even more nutrients and protein.

Milk from Brigeen Farms, along with milk from other Maine dairy farms, can be found at your local store under various labels.



Learn more at DrinkMaineMilk.org and find us on social media as @drinkmainemilk.