

**Jingle Bell Fruit and Cheese Kabobs  
With Ginger Dip**  
Makes 6 servings

Ingredients

Kabobs

Green Seedless Grapes

Red Seedless Grapes

2 Kiwi, peeled and cut into one-inch pieces

1 8-oz. package of fresh strawberries, hulled

1 8-oz. package reduced-fat Cheddar cheese, cut into 1-inch cubes

6, 12-inch wooden skewers

Large colored jingle bells (available in craft stores)

Ginger Dip

4 oz. lowfat cream cheese, softened

½ cup fat free plain yogurt

¼ cup honey

1 tsp. white sugar

1 tsp. ginger

Directions

For kabobs, alternate cheese and fruit on skewers. Slide flat end of wooden skewer through top slit in jingle bell. Makes about 6 kabobs

For dip, beat cream cheese, yogurt, honey and ginger until creamy. Cover; refrigerate one hour. Makes about 1 cup.